Long Island University Counseling Internship and Practicum Guide

Department of Counseling and Development

2010

What We'll Cover Today

- Welcome!
- Course fieldwork requirements.
- Practicum and Internship Objectives.
- Liability Insurance.
- Required Health Insurance.
- Required Forms.
- Acceptable Supervision.
- Professional Behavior.
- Contact Information.

Welcome!

 You are about to venture forth on probably the most crucial experience of your journey in becoming a professional counselor - the practicum course and counseling internships. These crucial educational and training experiences are the keys to entering the profession for it is here that you must prove your worth as a professional counselor.

 Indeed, it is in the practicum and internships that the graduate student must successfully bridge the gap between theory and practice. Most certainly, the internships provide and allow for some learning that can only be acquired on the job and, thus, supplement and complement what you have learned in your graduate classes.

This presentation is designed to help you understand what steps are necessary in acquiring and successfully completing your supervised fieldwork.

• We most earnestly want to ensure that when you enter the profession you are indeed prepared to step into the role of professional counselor and to do so competently and with confidence and enthusiasm.

Fieldwork Course Requirements

Practicum

- 100 Hours of total fieldwork experience
 - 60 Hours of observation, interaction and supervision
 - 30 Hours of direct service via individual and group counseling.
 - 10 Hours of interpersonal counseling with a client that is <u>not</u> involved with your practicum site. These hours are audio recorded and shared only with the cooperating counselor and reflected in the logs given to the University Professor.

• Internships

- 683 Mental Health Internship I (300 Hrs.)
- > 684 Mental Health Internship II (300 Hrs.)
- > 685 Mental Health Internship III (300 Hrs.)
- > 690 School Counseling Internship (300 Hrs.)
- > 691 School Counseling Internship II (300 Hrs.)
 - All internships are taken over the course of one semester.
 - The student is required to prepare logs based on internship activities directed toward observation, insight, and theory.

Practicum And Internship Objectives

- During the Practicum and internship experiences, the student will be expected to:
 - Apply observation skills.
 - > Establish and maintain an individual- group client caseload.
 - Apply appropriate counseling skills as required.
 - Demonstrate appropriate counseling skills through the use of audio and/or videotapes, when granted permission by both the cooperating counselor and the client to use these tapes in supervision.
 - > Develop specialized skills relevant to the requirements of the host site.
 - Establish and maintain effective working relationships with staff, supervisors, and colleagues.
 - Experience a variety of professional activities other than direct service work in the internships.
 - > Demonstrate willingness to meet professional obligations.
 - > Demonstrate enthusiasm and commitment to the profession.
 - > Demonstrate willingness to learn and respond professionally to feedback.
 - Demonstrate personal traits conducive to effective counseling, learning and professional development.
 - > Know and maintain ethical standards.
 - > Demonstrate willingness to explore and use community resources for referrals.
 - Demonstrate ability to use a variety of professional resources such as appraisal instruments, computers, print and non-print media, professional literature, and research.

Liability Insurance

- Student Liability Insurance
 - It is the policy of the graduate Department of Counseling and Development that all students, whether enrolled in the school or mental health counseling programs, maintain student liability insurance through out the duration of their program(s) of study.
 - > You can obtain Student Liability Insurance at www.hpso.com; or call 1-800-982-9491.

Required Health Insurance

- The University requires that certain categories of students maintain health insurance while attending the University.
 - Students who are in Mental Health Counseling must have Health Insurance.
 - If you have your own Health Insurance, then you must WAIVE the University's compulsory health insurance each semester.
 - For additional information, please visit:
 - http://www.cwpost.liu.edu/cwis/cwp

Student Health Insurance Requirements & Waiver is on the left hand side of the page.

Forms-Please go to

http://soeport.cwpost.liu.edu/counsDev.html

The permission forms, time logs, and site suggestions are listed on the right hand side.



Forms

- Each student must submit a Permission form filled out <u>prior</u> to the start of their fieldwork.
- Each week the
 - Time Log
 - Supervisor Verification Form

Must be completed and submitted to the cooperating professor.

Once again, these can be found at:

http://soeport.cwpost.liu.edu/CounsDev.html

Acceptable Supervision

 In a public school setting, the cooperating counselor must be tenured with permanent certification, or where there is no tenure track, have three years experience and permanent certification in school counseling. In a mental health setting, the cooperating counselor must be a licensed professional in the mental health field.

Professional Behavior

- The Department of Counseling and Development underscores the importance of counselors and counselors in training exercising professionally responsible public behavior.
- Therefore, it is important to be aware of the consequences that any such behavior (including voicemail, internet or otherwise) might have on the perceptions of them formed by their employers, professors, colleagues and any individuals they may help, including clients and students.

- Furthermore, counselors and counselors in training may face legal and/or ethical actions should they engage in such behaviors.
- It is the individual counselor or counselor trainee's responsibility to ensure that they comport themselves in a professionally responsible manner at all times and not engage in questionable activities that may reflect negatively on the Department of Counseling and Development.

Contact Information

- For further information contact:
 - > Internships (300 Hours)
 - Professor Mimi McCormack, Director of Clinical Internship Placement
 - 516-299-2814/2815
 - > Practicum (100 Hours)
 - Mr. Daniel Heller, Director of Clinical Practicum Placement
 - 516-299-2183